

# IsaLean™ Vanilla Shake Kosher

## Nutrition Information

Servings per Package: 14

Serving Size: 2 Scoops (61 g)

	Per Serving (61 g)	Per 100 g
Energy	1046 kJ (250 Cal)	1715 kJ (410 Cal)
Protein	23 g	38 g
Fat, total	6 g	10 g
- saturated	1 g	1.5 g
Carbohydrate	25 g	41 g
- sugars	16 g	26 g
Dietary Fibre, Total	6 g	10 g
- insoluble	1.1 g	1.8 g
- soluble	4.9 g	8 g
Sodium	125 mg	210 mg
Potassium	260 mg	430 mg
Vitamin C	14 mg	23 mg
Vitamin D	2.5 mcg	4.1 mcg
Mixed Tocopherols	3.49 mg	5.72 mg
Niacin	2.8 mg	4.67 mg
Thiamin	0.385 mg	0.631 mg
Riboflavin	0.595 mg	0.975 mg
Vitamin B6	0.63 mg	1.03 mg
Vitamin A	187.5 mcg	307.4 mcg
Folic Acid	70 mcg	115 mcg
Vitamin B12	1 mcg	1.6 mcg
Biotin	4 mcg	6.6 mcg
Pantothenic Acid	0.65 mg	1.07 mg
Calcium	200 mg	328 mg
Iron	3 mg	5 mg
Phosphorus	348 mg	570 mg
Iodine	54 mcg	88.5 mcg
Magnesium	80 mg	131 mg
Zinc	4.2 mg	6.9 mg
Selenium	8 mcg	13 mcg

**Ingredients:** Exclusive IsaPro™ Complex (53.3%) (whey protein concentrate, calcium caseinate, milk powder), fructose, sunflower oil, natural flavours, fibersol, soy lecithin, olive oil, flax seed, guar gum, tri calcium phosphate, xanthan gum, cellulose, lemon powder, magnesium oxide, honey powder, alfalfa juice concentrate, lactase, psyllium seed powder, cinnamon, silicon dioxide, mixed tocopherols, vitamin C (ascorbic acid), ferrous lactate, kelp, zinc oxide, wild yam, niacin, riboflavin, selenomethionine, cholecalciferol, betacarotene, pyridoxine hydrochloride, calcium pantothenate, *Lactobacillus acidophilus*, thiamine hydrochloride, biotin, cyanocobalamin, folic acid

**Contains milk and soy (lecithin) ingredients.**

